

## Meat Prices 2017

- ✓ -Scottish Highlands for the best in grass-fed beef
- ✓ slow grown, full flavour, only grass fed
- ✓ - from a closed herd cow -calf farm

(we do not buy stockers)

<b>Description</b>	<b>Cost per Pound (\$)</b>
Beef Ribs & Rib Stew	\$8.00
Blade Eye Steaks	\$18.00
Boneless Boston Shoulder Roast	\$15.00
Boneless Stew	\$10.00
Brisket	\$14.00
Eye of Round Steak	\$18.00
Flank & Skirt Steak	\$14.00
Ground Beef	\$10.00
Inside Round Steaks	\$16.00
Porterhouse Steak	\$24.00
Prime Rib Roast	\$15.00
Rib Steaks	\$22.00
Rib-eye Steaks	\$24.00
Rump Roast	\$14.00
Sirloin (Top) Steaks	\$22.00
Sirloin Steaks	\$20.00
Sirloin Tip Roast	\$15.00
Sirloin Tip Steak	\$18.00
Strip Loin Steak	\$22.00
T-Bone Steaks	\$24.00
Tenderloin Fillet	\$24.00
Wing Steaks	\$20.00
Heart, Tongue, Liver & Kidneys	\$8.50
Shanks, Marrow Bones, Ox-tails	\$5.00
Soup bones without marrow	\$3.50